



Alex Hernandez is a bilingual (English/Spanish) Licensed Mental Health Counselor and Certified Addiction Professional. He earned a Master of Science in Psychology from Florida International University. He has over a decade of experience working with adolescents, adults, couples and families in both individual and group settings.

Alex treats a wide variety of issues including substance abuse and addiction, depression and anxiety, behavioral concerns and family dynamics. He is experienced at all levels of care in the substance abuse treatment field ranging from inpatient detoxification to residential treatment and outpatient care. Alex received training through the University of Miami Center for Treatment Research on adolescent drug abuse in multidimensional family therapy.

Alex is a lifetime member of Psi Chi, The National Honor Society in Psychology. He is a professional member of the American Counseling Association and past board member of the Florida Certification Board's Addiction Advisory Board.

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