



Natasha Bruck is a bilingual certified/licensed therapist with a Master's of Social Work degree (M.S.W.) from Barry University and a Bachelor of Arts degree in Clinical Psychology from Tufts University.

Natasha balances professionalism, ethics and empathy while providing individual, family and group therapy. She incorporates a holistic healing approach, in a safe environment, to help clients discover or re-discover strengths that lead to self-empowerment and enhance self-esteem.

Natasha is fully cognizant what can influence a client's situation and works with a variety of interventions to help her clients overcome a variety of challenges like anxiety, depression, P.T.S.D., A.D.H.D., eating disorders, LGBTQ issues, behavioral self-harm, suicidal ideation and substance abuse.

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